

Ithaca College Natural Lands (ICNL)

COVID-19 Restrictions

All normal rules also apply (see postings).

Required safety precautions:

- maintain a safe **social distance** of a minimum 6' (or 2m) if you encounter another person
- wear a **mask** or face covering
- **wash your hands** often with soap and water for at least 20 seconds

Users must be free of any COVID-19 symptoms, including:

- cough
- shortness of breath or difficulty breathing
- fever
- chills
- repeated shaking with chills
- runny nose or new sinus congestion
- muscle pain
- headache
- sore throat
- fatigue
- new GI symptoms
- new loss of taste or smell.